

# THE VIOLET FLAME VOICE

Quarterly Newsletter of Teachings of the Ascended Masters As Taught by Mark L. & Elizabeth Clare Prophet No. 7, Summer 2017

# From the President's Desk

Dear Readers,

We are pleased to present to you the seventh issue of our quarterly newsletter, 'The Violet Flame Voice.' It includes an update on several ongoing and some new activities.

Looking back at the year that went by so quickly, I feel it was a very exciting and fulfilling cycle. On a personal level, I was grateful to meet everyone who participated in the two phases of the workshops held at our Kalkaji location in New Delhi during the months of November-December 2016 and January-April 2017. We all became friends on the path learning from one another—both the small and big things of



April 23, 2017

life—that have helped me to grow in many ways. After having lived in the USA for more than 45 years, I must admit that it was not an easy transition for me to leave my family and friends or to let go of the many comforts and conveniences of the Western lifestyle. It took me a while to ease back into the rhythm of life in India that I was accustomed to during my formative childhood and teen years. Yet, I am so glad that the masters guided me to make this decision and return to my beloved homeland where my heart truly resides.

I am getting ready soon to leave New Delhi temporarily and go to my western home in the USA. It will be a move to escape the scorching heat of summer that is already here for the next four months. I will have to get used again to yet a different pace of life involving family reunions and catching up with reading and writing assignments that I had promised myself long ago. I am also looking forward to going for long nature–walks every day near my home. Perhaps most important, it will be an opportunity for a "spiritual recharge" as I visit the Inner Retreat in the state of Montana for summer events with the ascended masters and with Guru Ma and Lanello. Students from around the world converge there to give decrees and hear the words of the masters and their messengers in a pristine mountain setting. I am carrying with me your greetings to share with fellow students from around the world whom I will be meeting. They are filled with a love for India and look forward to know more about you.

Amidst all of these, however, I will greatly miss all of you and the time spent serving at the home of the ascended masters—we lovingly call 'Ashram.' I am already looking forward to my return! When I come back to New Delhi in early August, we will put in place the infrastructure for hosting the first-ever International Violet Flame Intergenerational Community Retreat from September 7 to September 10 at the ashram. We are anticipating having several international guests and invite all our friends in the National Capital Region of Delhi, local Keepers of the Flame and the community members to be a part of this great violet flame celebration. Please tell your friends about it and bring along your family members and other guests! A draft program is included in this newsletter.

While I am away, Poonam, who works for the Chananda Cultural Society and is a Keeper of the Flame, will continue to lead weekly decree sessions with other members at the ashram on Sundays. They very much look forward to having you join them and I will also be in touch. Perhaps you will see me on Skype at one of your sessions!

Wishing you a pleasant summer!

Sincerely, gaspal S. Soni

Jaspal Soni President Chananda Cultural Society 7/5 Kalkaji Extension, New Delhi 110019 Email: <u>Chananda55@aol.com</u> Websites: <u>www.chanandaculturalsociety.org</u>; <u>www.myiampresence.org</u>



## **Preparing for the Violet Flame Retreat in New Delhi**

Chananda Cultural Society will be hosting our first-ever International Violet Flame Intergenerational Community Retreat on Thursday, September 7 to Sunday, September 10 at the ashram (7/5 Kalkaji Extn., New Delhi).

The retreat welcomes those who are not yet familiar with the violet flame or the ascended masters, students, long-time students, young adults, and families with children over six years old. The learning sessions will be in English and Hindi. Decree sessions will be devotional and in English with mantras in English and Sanskrit. A dropt program is included in this newsletter.

It will be a great opportunity to meet local and international Keepers of the Flame, visit temples around New Delhi, serve "Chananda's Children" and their families, and enjoy fellowship and worship together in the magical atmosphere created by the violet flame and the blue lightning of angels of protection. The

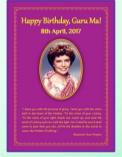


registration (donation) fee is Rs. 1,000 per day or Rs. 3,500 for the entire retreat for the Indian students.

For more information, contact Jaspal Soni at 9971123483 chananda55@aol.com or 9711057877 Poonam Chugh at Poonamchughvirgo@gmail.com.

# **Celebrating Guru Ma's Birthday**

On April 8, we celebrated Guru Ma's birthday at the ashram with the local Keepers of the Flame, members and their families. The brief ceremony was about two hours long beginning at 4:00 pm. We had prepared a nice violet and gold cover booklet which included a summary on the legacy of beloved Mother, her keynote song (Beautiful Dreamer) and a few introductory decrees. We read a few sentences from Mother's book, "In My Own Words" and talked about her as seen thru the eyes of a disciple —a teacher, a friend and a visionary who was like us in many ways facing day-to-day challenges of life from birth to early



childhood, to adulthood and how she overcame them by keeping her eyes in fulfilling her mission.

After the service, we sang happy birthday to her and cut a delicious strawberry cake which everyone enjoyed. More than 20 people came. Some people commented afterwards about the tangible presence of Mother and the masters.

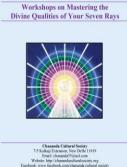
# Weekly Workshops: Phase 2

Beginning February 3, 2017, we initiated the second phase of ten free workshops on "Mastering the Divine Qualities of Your Seven Rays" at the ashram.

#### Seven Rays, Threefold Flame and Colors of Chakras

The workshops focused on the seven rays, threefold flame and colors of chakras. It is true that most people are familiar with the chakras but we have observed that their understanding about the spiritual purpose of the chakras is somewhat limited. Most importantly, we have also noted that the color designation for the seven chakras is also somewhat misplaced. For example, most people believe that the colors of the three chakras — Base of the Spine, Crown and Heart — as violet, red and green. In fact, the masters have told us that they are white, golden yellow and pink.





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#### Virtues and Perversions of Each Ray

By explaining how the positive attributes of each ray get accumulated in our Causal Body above after each lifetime and that they can be accessed now thru the mastery of the corresponding chakras, helped people to connect in understanding the roles of their chakras at a personal level.

Likewise, when people learned how a virtue can get perverted into a negativity which then gets accumulated in our electronic belt below, they felt reenergized

to reclaim that particular virtue through transmutation of energy.

#### **Decrees for Transmutation**

This step brought us to the point when everyone in the group was ready to give the decrees of that particular ray for the transmutation of the perversions of that ray. We usually decreed from 30 minutes to an hour. People seem to have enjoyed doing decrees in a group and have often remarked how good they felt afterwards.





#### **Workshop Timings**

The workshops were held three times a week on Fridays, Saturdays and Sundays. On Fridays, we met from 12:00 noon to 5:00 pm and on Saturdays and Sundays, from 12:00 noon to 2:30 pm. Normally, 15-20 people came on Fridays and 5-10 on the other two days.

#### Phase 3

This phase of workshops concluded on April 23. We intend to continue in Phase 3 in fall 2017.

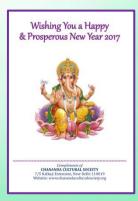
## Welcoming New Year at the Ashram



We celebrated New Year at the ashram on two different occasions since everyone in the community was unable to come on a given day. The traffic during New Year's Eve in Delhi also makes it very difficult to drive around so we chose December 30 and January 1 as the two most convenient days. The weather was cozy for people to enjoy the New Year ceremonies outdoors on our spacious third-floor terrace of the ashram.

About 20 people came each day. We began the service at 12:00 noon and concluded at 2:00 pm followed by a delicious lunch and rice pudding as a dessert. One could feel the holiness of the occasion and tangible presence of the angels, and ascended masters.

Before the service began, we explained the ritual of writing letters to the Karmic Board. It was interesting to share the information about the members of the Karmic Board, especially the Great Divine Director,



who is so well known in India as Ganesha – the Lord of Good Fortune who provides prosperity, protection and success. He is the Lord of Beginnings and the remover of obstacles of both material and spiritual kinds.



We had prepared a booklet for the occasion that included a few decrees, including the decree to the Karmic Board. We enjoyed participating in the ritual of consecrating the letters to the Karmic Board at the end of the service and then burning them as the group chanted violet flame and Gayatri mantras. People seemed to be very happy and joyous as they were leaving.



# **School in the Park**

Chananda Cultural Society had initiated an exciting charity project, "Chananda's Children" in November 2016 which involved providing education for children whose parents work in the public park as gardeners and caretakers. These workers live in mud homes in the park with their families. Since both parents in the families must hold jobs to survive, the children play in the dirt while their parents are working. There are seven children in this group ranging in age from 3-6 years old.

With Chananda Cultural Society's help, the children began a new cycle of going to a nearby non-profit organization that provides education services. In March of this year, we made a slight adjustment in the program. The mothers of the

children asked if we could arrange for a teacher who could come to the park and teach their children onsite rather than transport them by a three-wheel taxi to a non-profit NGO that was some distance away. This practical

request gave us the idea of starting "School in the Park." Fortunately, we found two teachers who work for the same NGO until 3:00 pm and had some free time afterwards. They come to the park and teach Monday-Friday from 4:30 pm-6:00 pm and are very happy to take on this noble undertaking. They began teaching the kids in mid-March.

We identified an open area in the park located right across the homes of the children where they can be surrounded by nature's greenery. The children are enjoying learning the English and Hindi alphabet as one of their first lessons. This program also gives comfort to the mothers and fathers who can now keep an eye on their children while doing their work outside and inside their homes. After the class, the children are served light refreshments, when possible.



We believe it is a win-win-win situation for the children, parents and the teachers.

## **Announcing Free** New Ascended Master Encyclopedia!

Featuring more than 600 articles (with more being added all the time!) covering a host of fascinating topics, the Ascended Master Encyclopedia offers in-depth examinations of the masters' teachings, definitions of the esoteric terms they use, their views on many relevant spiritual, historical and social issues, plus biographies of the masters and descriptions of their retreats. The link is: http://encyclopedia.summitlighthouse.org/index.php /The\_Summit\_Lighthouse\_Encyclopedia: About



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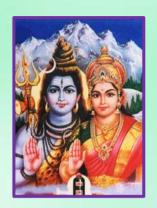
# Violet Flame Community Retreat in New Delhi (Draft Program)

Chananda Cultural Society

Timing	Activity Thursday, September 7, 2017	Timing	Activity Saturday, September 9, 2017
			In the park. Choose between guided yoga or a
12:00 – 1:00 pm	Lunch at the ashram	7:00 – 7:45 am	guided brisk walk.
1:00 – 2:00 pm	Orientation and getting to know each other. Setting goals and norms.	8:00 – 9:00 am	Breakfast and clean-up
2:00 – 3:00 pm	<u>Session One</u> —for all ages— <i>The Secret Power of</i> the Violet Flame in India And in Your Life!	9:00 – 9:30 am	Morning decrees for all ages
3:00 – 3:45 pm	Break/Refreshments—Free time for rest, family, and fellowship.	9:45am – 1:00 pm	Field trip. Birla Mandir Temple—focus of the God and Goddess Meru (and/or neighborhood Durga temple).
3:45 – 6:00 pm	Learn to play cricket in the park (optional), or help the cook prepare dinner, or give violet flame mantras at the altar.	12:30 – 1:00 pm	Lunch from Subway brought with us on the bus.
6:00 – 7:00 pm	Dinner at the ashram	1:00 – 2:00 pm	Clean up and rest at the ashram
7:00 – 7:30 pm	Evening family devotions	2:00 – 4:00 pm	Fellowship with local students/Keepers of the Flame with refreshments. <u>Session 3</u> — <i>Brother/Sisterhood of</i> <i>Saint Germain and the Violet Flame</i> .Includes strategies of light and darkness and giving violet flame decrees together for India and the world.
7:30 – 8:00 pm	Continued devotions for adults and Krishna animated videos for children.	4:00 – 6:00 pm	Rest/crafts/cricket in the park. Family fellowship time with local students and Keepers of the Flame.
8:00 – 9:00 pm	Discussion, bhajans, songs and mantras around the fire—with snacks.	6:00 – 7:00 pm	Dinner
	Friday, September 8, 2017	7:00 – 7:30 pm	Family Saint Germain Service
7:00 – 7:45 am	In the park. Choose between guided yoga or a guided brisk walk.	7:30 – 9:00 pm	Continued Saint Germain Service for adults (Alternative for families— Mary Kom Bollywood movie (story of a female boxer) or Krishna animated videos.
8:00 – 9:00 am	Breakfast and clean-up		Sunday, September 10, 2017
9:00 – 9:30 am	Morning decrees for all ages	7:00 – 7:45 am	In the park. Choose between guided yoga or a guided brisk walk
9:45am – 1:00 pm	Field trip. Deliver new school clothes to Chananda's Children and visit them and their families. Deliver learning materials and donation to Project Why. Serve snacks at Project Why.	8:00 – 9:00 am	Breakfast and clean-up
1:00 – 2:00 pm	Lunch at the ashram	9:00 – 9:30 am	Morning decrees for all ages
2:00 – 3:00 pm	Rest, free time	9:45 – 1:00 pm	Field trip—Lotus Temple. Snacks brought along on the bus
3:00 – 3:45 pm	<u>Session 2</u> —Adults—Family and Personal Needs and Priorities. How to Use the Violet Flame with the Whole Family or Friends.	12:30 – 1:30 pm	Lunch
3:00 – 3:45 pm	Children's craft—making Indian jewelry or making an Indian money Pouch.	1:30 – 2:00 pm	Rest, clean up
3:45 – 4:00 pm	Snack break	2:00 – 3:00 pm	Community discuss—what we've gotten from the retreat. What are our next goals?
4:00 – 6:00 pm	Free time with outdoor or indoor games. Or help prepare supper. Or give violet flame mantras and hear a dictation at the altar.	3:00 – 3:30 pm	Break with snacks
6:00 – 7:00 pm	Dinner	3:30 – 4:30 pm	Sunday service with Communion and blessing
7:00 – 7:30 pm	Evening family devotions	4:30 – 5:00 pm	Circle of Oneness and closing the retreat
7:30 – 8:00 pm	Continued devotions for adults and Krishna animated videos for children.	5:00 – 6:00 pm	Dinner



Messages from Heaven .....



### **Offering Mantras to Violet Flame and Ruby Ray**

"Saint Germain has called you in the past and many of you have responded, giving day after day your calls to the violet flame. I ask you to consider again, as the cycles are turning in this decade, [how you will] multiply the mantras of the violet flame by the Ruby Ray, and the Ruby Ray by the power of the mantras to Shiva, to Lord Krishna, and see what you can do to clear the minds, clear the opposition, clear those conditions that you hear about [in the media]".

--- Lord Shiva and Goddess Parvati, Pearls of Wisdom®, Vol. 35, No. 31, August 2, 1992

#### **Blessings of Violet Flame**

"I AM Krishna. I hold you in my arms of Love. I AM demagnetizing from you now all maya that you can let go of and even then some. Let the violet flame roll through you as you enter your celebrations unto the Lord Omri-Tas and Saint Germain on the second and third of the month, and as you enter your celebrations unto the Lord Morya El on the fourth of the month."



----Lord Krishna, Pearls of Wisdom®, Vol. 36, No. 47, October 10, 1993



### **Knowledge of the Ascended Masters' Teachings**

"Pass on true knowledge. Do not hide it under a bushel! There is no time to waste. Pass on the Teaching to those who are interested and pass by those who are not. You are looking for those eyes! You are looking for those chelas! You are looking for those souls! Go and find them. And keep on going until you know you have found one, for, beloved, sometimes they are few and far between."

--- Goddess Sarasvati, Pearls of Wisdom®, Vol. 35, No. 39, September 27, 1992

#### Vishnu as the Person of Holy Christ-Self

Right within you now is Vishnu in the person of your Holy Christ Self (Higher-Self or Krishna Consciousness). You are familiar with the term Christ Self. How does it feel to say, "My beloved Vishnu, descend into my temple now!" Blessed ones, it feels good, does it not? ["Yes!"]

--- Goddess Lakshmi, Pearls of Wisdom®, Vol. 35, No. 40, October 4, 1992



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In February 2012, I was introduced to violet flame by one of my friends at the India Habitat Centre in New Delhi. And I embarked on a new journey with an open mind. Since then I am doing decrees. The ascended masters, violet flame and the blessings of Guru Ma have brought a miraculous change in my life. I feel very much connected with Archangel Michael and Saint Germain. Whenever I am at crossroads in my life, I surrender to the masters and they do take care of the situation.

From our Members.....

Chananda Cultural Society

I know I have to go a long way and now my goal is to spread the knowledge of violet flame to masses and to heal the planet. - - - Mohanjeet Kaur

I came to know about Chananda Cultural Society at the India Habitat Center exhibition in New Delhi. I am really feel blessed to learn about the importance of violet flame, ascended masters, archangels and the threefold flame. I practice and recite the decress daily and the change which I have observed in myself is extremely positive. I am also thankful to Saint Germain and El Morya for sponsoring me as a Keeper of the Flame, and allow me to receive their teachings. - - - Jaypreet Singh Thukral

In my pursuit of gaining spiritual understanding, I joined various groups such a Sahajyog, Rajyog, Pecksha, etc. I practiced these over a period of time but was not satisfied. Then I came to know about the violet flame and the teachings of the ascended masters. They taught me about a spiritual world and also Karmic Board, Elohim, Chohans and Archangles. I felt like my long search was finally over! The teachings of the ascended masters are indeed to marvel upon: they teach us that equality of all religions, there is a life after death and how to look beyond a materialistic world.

In conclusion, I would like to say that I feel confident and protected because I am now a "Keeper of the Flame." ---- Mrs. Neeru Aggarwal



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